

Thank you for your interest in the Midwest Heart Foundation Speakers Bureau where our goal is to provide opportunities and encouragement to individuals and families in their pursuit of cardiovascular health & wellness. Our community education programs provide opportunities and encouragement to individuals and families in their pursuit of cardiovascular health and wellness. Midwest Heart Foundation is eager to **partner with you** to keep your organization and its members apprised of the **latest heart-related health news**. Below is a sample of some of the many topics we offer:

**GENERAL CARDIOLOGY
HEART**

Incidence and Impact of Heart Disease in US
Risk Factors for Heart Disease
Arrest
Women and Heart Disease
and a Pacemaker

OBESITY

Obesity and Its Impact on Health Disease
Metabolic Syndrome and Obesity

**CONGESTIVE HEART FAILURE
PRESSURE**

CHF: Newest Treatment Trends
High?
CHF in Women: An Overview
Managing & Treating
Living with CHF

TESTING FOR HEART DISEASE

Women's Cardiac Risk and Diagnostic Testing
Health
Heart Disease: Calculate Your Risk
Common Sense
Stress Testing
Your Health
Stress Testing: How It Can Benefit You

CHOLESTEROL AND HEART DISEASE

Lipid Clinic—Managing Cholesterol
What You Should Know about High Cholesterol

ELECTRICAL SYSTEM OF THE

Atrial Fibrillation
Emergency Medicine and Cardiac

Difference Between a Defibrillator

DIABETES

Diabetes and Cardiovascular Disease
Diabetes and Cardiovascular Disease

HYPERTENSION AND BLOOD

Blood Pressure—How High Is Too

Keeping the Pressure Down—

Hypertension: The Silent Killer

EXERCISE

Exercise: Step Up to Good Heart

Inflammation, Exercise and

Exercise: Do It—For Your Heart and

Heart Rate Training

For a complete listing of all community education topics and to schedule a speaker please contact the community outreach department at 630-932-216 or by e-mail at jpooley@midwestheart.org