

Project ADAM[®]

SAVES LIVES

NEWS



Project ADAM is a not-for-profit program of Herma Heart Center at Children's Hospital of Wisconsin.

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affiliate programs:

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- Children's Hospital of Wisconsin
- [Contact Debra Klich](#)

Project S.A.V.E.

- Children's Healthcare of Atlanta
- [Contact Alison Ellison](#)

Youth Heart Watch

- The Children's Hospital of Philadelphia
- [Contact Danielle Main](#)

Project ADAM Florida

- Florida Children's Hospital
- [Contact Bronwen Ramos](#)

Project ADAM Illinois

- Midwest Heart Foundation
- [Contact Johnee Davis](#)

Alabama LifeStart

- Children's Hospital of Alabama
- [Contact Cris Brown](#)

Project ADAM Inland Northwest

- Sacred Heart Medical Center,
Spokane, Washington
- [Contact Ryan Schaefer](#)

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Project ADAM expands west

Located in Spokane, Wash., [Providence Sacred Heart Children's Hospital](#) is committed to meeting the unique needs of children and families throughout the inland Northwest. It embraces the vision of Project ADAM and as the first affiliation the west coast. Expanding on the medical center's strong commitment to community programs, it offers the sole resource for area high schools to implement their own public access defibrillation programs. Medical Director, [Chris Anderson, MD](#), and Project Coordinator, Ryan Schaefer, RN, offer a unique opportunity to share the most current information on sudden cardiac arrest prevention and resuscitation with their community.



Caption: Project Coordinator, Ryan Schaefer, RN

Prepare your school with our back-to-school checklist

If a sudden cardiac event happened at your school, would you and your staff be ready? It's important to check the following to make sure your school is prepared:

- Who is your program coordinator? Has the role changed since last year? If so, please [notify Project ADAM](#).
- Who is responsible for the manufacturer's maintenance checks? How often does your policy state these should be done?
- When do the pads expire? Do they need to be replaced soon?
- When does the battery expire? Have you budgeted for replacement costs?
- Do you have CPR/AED training scheduled for new staff as well as those who may need a refresher course?
- Have your coaches, teachers, school nurse and other appropriate staff been informed of any students at high risk for sudden cardiac arrest? Are they all confident in their ability to respond as needed?
- What is your sudden cardiac arrest emergency response drill schedule?
- Have you promoted your program in the school and community? It is important that everyone knows that an AED and emergency plan is in place at your school.
- Do your staff and students know how to recognize and respond to a cardiac emergency?

Get more information and [resources here](#). If you have questions or need additional assistance, [contact](#) your nearest Project ADAM coordinator. We are happy to help.

Student death in Georgia leads to increased awareness among athletic directors

This year, Robert Campbell, MD, chief, Cardiac Services, and Alison Ellison, RN, NCSN, Project S.A.V.E coordinator, Children's Healthcare of Atlanta, presented to the Georgia Athletic Directors Association conference, and to the national meeting of the Executive Directors of the High School

Athletic Associations about sudden cardiac arrest in high school athletes. This meeting followed a student athlete death in a school that had several AEDs that were not used during this incident. Through dialog with these two groups, an [emergency action plan](#) was produced to share with coaches and athletic directors. We hope that making this document available to you will help you open a dialog with coaches and athletic directors in your schools. Please use this plan to help us do everything we can to prevent sudden cardiac deaths in our schools.

CPR/AED instruction now required in Wisconsin high schools

On May 10, Gov. Jim Doyle signed Assembly Bill 725, which requires all Wisconsin high schools to offer students instruction in lifesaving skills. These include CPR, cardiocerebral resuscitation (hands only) and automated external defibrillator. This bill succeeded in part because of [Children's Advocacy Network](#) members who took time to contact their legislators. More than 180 people made contacts to help legislators understand the importance of the new law. Cardiovascular diseases remain Wisconsin's No. 1 killer, yet many lives can be saved if bystanders initiate simple lifesaving procedures. With this new law, young adults in Wisconsin will have the necessary tools to help save a life.



Photo caption: Wisconsin Gov. Jim Doyle signs Assembly Bill 725, requiring all Wisconsin high schools to offer students instruction in lifesaving skills.

Questions from our readers

Question:

When reviewing our public aAccess defibrillation (PAD) program, it became clear that not all of our responders feel confident with their roles. Do you have any tips for increasing their confidence?

Response:

The [American Heart Association](#) has defined four links to a [Chain of Survival](#) that can be posted and reviewed with each emergency drill.

One team in Illinois recently met with a team of paramedics when reviewing their PAD plan. The paramedics suggested using the following baseball illustration to remember the 4 links:

ABCs of Baseball = ABCs of PAD Program

Picture a baseball diamond. Before running to first base, alert help.

A = first base	A lert help	(Recognize an emergency; call 911)
B = second base	B egin CPR	(CPR buys time between first base & third base)
C = third base	C irculation	(Use the AED; resume normal heart rhythm)
Home Run!		Victim being sent for early advanced care after the above steps were followed. Seconds count!

In Karen's Memory: AED Sales to Benefit Project ADAM



Every member of the [Project ADAM](#) family deeply misses Karen Smith, who died in January. As a longtime nursing services coordinator for [Pewaukee Public Schools](#) and a tireless Project ADAM volunteer, she left an amazing legacy of patient care, administrative leadership and community service. Now, she will be remembered in another way.

Joe Hanson, president of AED distributor [AvanTech](#), announced his plan to give \$100 to Project ADAM in Karen's memory every time one of our nation's schools buys an AED. His commitment extends from May 15, 2010 to May 14, 2011.

"Karen did so much to advance public access defibrillation programs in our schools," said Hanson. "We're proud to be able to honor her and make a systemwide impact."

With offices in Naples, Fla., and Milwaukee, AvanTech distributes Medtronic/Physio-Control LIFEPAK AEDs. For current pricing and to learn more, contact AvanTech toll-free at (877) 598-1234 or visit www.AvanTechAED.com.

Join us at ECCU 2010 in San Diego

[Project ADAM](#) and our partners will be presenting a pre-conference workshop focused toward implementing and improving school-based public access defibrillation programs. Likewise, we will offer a special conference track focused on schools. [Learn more.](#)



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