

Young Hearts for Life Cardiac Screening Program



Young Hearts for Life Cardiac Screening Program provides free electrocardiograms (ECGs) to high school students to help identify those who may be at risk for sudden cardiac death.

September 2011

We have great news to share as we return from Labor Day weekend.

Watch312.com, the latest broadcast to hit the internet, will provide an in-depth look at **Sudden Cardiac Death in Young Adults: What is it? Who's at risk? How can we find at-risk kids before they die?**

Join Dr. Joseph C. Marek, founder of the Young Hearts for Life Cardiac Screening Program, who will be a guest speaker.

Date: September 8

Time: 2-4PM, CST

Learn more at <http://www.watch312.com/> or submit questions directly to us in advance of the show at jdavis@midwestheart.com.

WTMX, 101.9FM will speak to Dr. Joseph C. Marek who will provide more insight about the issue of sudden cardiac death in young adults in a radio interview.

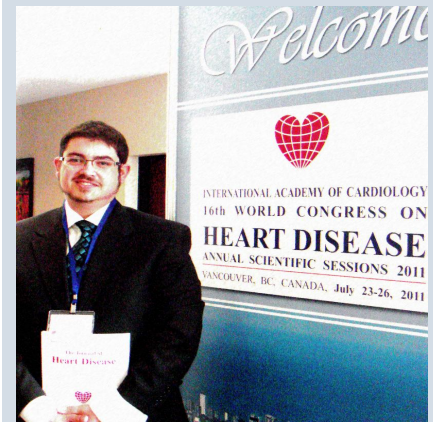
Date: September 18

Time: 7:05 AM

WTMX Podcast will be available on 9/19.

West Aurora High School

Summer break
did not slow
our volunteer team
down.....



The 16th World Congress on Heart Disease's International Academy of Cardiology was interested to hear about our YH4L sponsored pilot:

Sustainable Grassroots Screening Program to Reduce Sudden Cardiac Death in University Students.

Congratulations, Alex, on your abstract presentation!

Congratulations to West Aurora High School,
the 1st Illinois recipient of the Karen Smith Award!



Karen worked in the schools in Pewaukee, Wisconsin for over 20 years and was an active member of the Project ADAM National Advisory Committee. Meghan Hill, a physical education teacher at West Aurora High School, submitted the application to qualify for the award.

On September 21, 2011, in Karen's honor, Midwest Heart Foundation, the Illinois Affiliate of Project ADAM, will give \$600 to West Aurora High School. Lt. Don Davids, Battalion Chief, EMS Division, Aurora Fire Department, will join Johneen Davis, Midwest Heart Foundation, to discuss public access defibrillation programs at an all school faculty meeting.

See upcoming events in September as we step it up a notch this year.

September 8

Watch312.com

Guest: Dr. Joseph C. Marek
2-4pm, CST.

September 15

Volunteer Training Course

Presented by Dr. Joseph C. Marek

Have you previously volunteered to help us?

Ready to learn how to train others?

RSVP by September 14: jdavis@midwestheart.com

6pm, Downers Grove Office.

September 16

College Athletic Screening

Benedictine University.

September 18

WTMX 101.9

Guest: Dr. Joseph C. Marek

7:05am, CST.

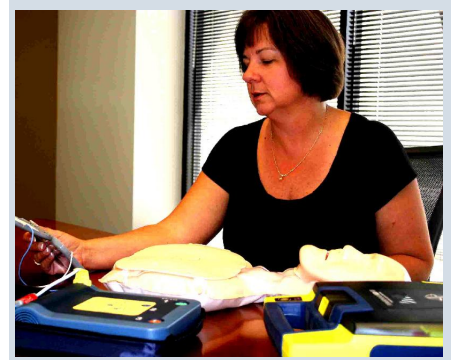
September 19

WTMX Podcast of Radio Interview, 9/18/11.

Guest: Dr. Joseph C. Marek.

September 28

90 Minute Physician Webinar:



A local business man has been proactive with the recent addition of an AED in his workplace. This summer he also took the next steps to learn "how to" use the AED with a demo AED trainer unit.

**Thanks, Deb,
for facilitating this
initiative!**



Volunteer coordinators are interested in reaching out to parent/faculty volunteers for upcoming screening events.

**Thanks, Jodie, for the
August jump start
for Glenbard West!**

**Our Sincere
Appreciation
for
Community Support**

Interpreting Screening ECGs in Young Adults

Presented by Dr. Joseph C. Marek

Don't wait.

You, too, can become an expert in the field.

Register now: www.midwestheart.org

Session starts at 6pm, CST.

September 30

High School Screening

St. Charles East.


Don't miss the chance to help us meet the ongoing challenge to exceed the number of students we screened the previous year (s).

We are actively seeking volunteers to help us at all upcoming high school screening events. Take a glance/click here: [present schedule](#). We believe that you will not regret making time in your already busy schedule. Consider the perks of learning more about issue of sudden cardiac death in young adults, share your experience, make new friendships, and better yet make a difference in someone else's life!

Stay tuned for our October newsletter to see what we have in store for Sudden Cardiac Arrest Awareness Month. In between times, save the date, **October 27**.

We will send out more details about the [5th Annual, Midwest Heart Foundation, Heart to Heart Fundraiser](#).

Sincerely,



Johneen Davis,
Program Director,
Young Hearts for Life,
Midwest Heart Foundation

Working Together to Make a Bigger Difference

Midwest Heart Foundation

was established in 1988 as a 501(c) 3 non-profit organization dedicated to improving the prevention and management of cardiovascular and related diseases through research, education and community leadership.

Thanks to our sponsors for high school screenings scheduled for this fall.

- Advocate Good Samaritan Hospital
- Board of Education of Lyons Township High School
- Central DuPage Hospital
- Edward Hospital
- St. Charles East Central Boosters, Student Council, and Foundation
- Wheaton Warrenville South Tiger PAWS

We also welcome college students who are volunteering to help this fall from

Aurora University,
Benedictine University,
Chamberlain College of Nursing,
Lewis University, and
Sanford Brown College.

Quick Links

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Midwest Heart Foundation | 1901 S. Meyers Road | Suite 350 | Oakbrook Terrace | IL | 60181-5207