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## Young Hearts for Life: Landmark findings presented at Heart Rhythm Society's 32nd Annual Scientific Sessions

In gratitude to YH4L Supporters & Volunteers,

At the national meeting of the Heart Rhythm Society this past week, we presented our findings of ECG testing in 50,665 high school students. These findings are of landmark importance to the debate surrounding ECG screening.

Our study demonstrated that ECG testing can be done on a large scale. Significantly, we showed that the percentage of ECGs that required further evaluation was only 2.16%. Major criticisms against screening have been that testing cannot be done on a large scale and that the abnormal rate would be in the range of 10-40% leading to excessive testing and anxiety for many students and parents. Our experience has handily dismissed these criticisms.

Our success is clearly the result of the efforts of many, most especially the dedicated volunteers who make each YH4L screening possible. Nothing could have been accomplished without you. I offer my sincere, heartfelt thanks and gratitude for your generous commitment of time and talent.

[Click here](#) for a partial list of the articles that have appeared in the media about our YH4L program. Please take a moment to feel pride in what you have helped accomplish.



Joseph C. Marek, MD  
Founder and Medical Director  
Young Hearts for Life Cardiac Screening Program

## Midwest Heart Foundation



### Questions/Comments....

Visit our website at [www.midwestheart.org](http://www.midwestheart.org) or call us at (630) 932-2165, Press 3.

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Midwest Heart Foundation | 1901 S. Meyers Road | Suite 350 | Oakbrook Terrace | IL | 60181-5207