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Happy Heart Month from YH4L

Young Hearts For Life Cardiac Screening Program provides free electrocardiograms (ECGs) to high school students to help identify those who may be at risk for sudden cardiac death.

February, 2011

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Introductions

Please join us in welcoming Samantha Schneider to her new role as YH4L Program Coordinator. Many of you had a chance to meet or work with Samantha during her internship this past fall.

Samantha graduated with a degree in Community Health from the University of Illinois. She is a Certified Health Education Specialist and is currently working on her Masters in Nonprofit Management. During the past two years, Samantha provided community-based education programs to high school students. She loves old movies and DA BEARS!

Samantha's contact information:
630-873-3402
sschneider@midwest.org



[Parent Heart Watch Hero](#)

Featured Volunteers



Benet Team



Benedictine Team



West Aurora Team

Diligent planning & contagious energy created 3 successful events.

[Quick Links](#)



Dr. Marek received the 2011 Parent Heart Watch Heros For Young Hearts, Founder's Award, at the National Conference in San Diego, CA, in January.

We are fortunate to see his continuous commitment to his community and his continuous efforts to raise awareness of the issue of SCA in young adults first hand.

To learn more about Parent Heart Watch [click here](#).

ECG Legislation

New legislation in South Carolina would require any student who participates in school sponsored athletics to receive an ECG before participation.

To read more on the bill [click here](#).

In the News

YH4L: West Aurora

If EKG screenings save one life, "[it was well worth it](#)"

West Aurora High School [takes teen health to heart](#)

YH4L: District 204

Young Hearts for Life Teams with [District 204 to Protect Teens](#)

National:

A local teen and former wrestler with two heart problems wants to remind student athletes to [check up on their heart](#)

RIT Hockey Team gives a helping hand to younger athletes to make sure their hearts are healthy with "[Black Out Heart Disease](#)" event

YH4L Research Study

YHFL dictates that the follow up care for abnormal ECGs is to be done by the students' personal physician. Consequently, it is very important for the YH4L Program to now collect data related to those follow up visits to help evaluate the outcomes of the screening program.

The YH4L team has already begun the data collection phase of an IRB approved research study, called the CARES study, this fall.

If you happened to have received one of our research packets, we ask for your help. Please read the information and consider providing consent for your student to participate in the study.

If you have any questions or need another packet, please contact Midwest Heart Foundation, 630-932-2165, Press 3.

In Memory of a Loved One

On behalf of the YH4L program, I would like to take a moment today to extend a special thank you to those of you who have unfortunately experienced the loss of a loved one.

Thank you for finding the strength to join our team to help and support the mission of reducing the incidence of sudden cardiac death in young adults.

The friendships that we have formed truly make the YH4L program unique and together each year we are able to make a greater impact on our community.

Thank you,



Don't Miss Upcoming
Physician Webinars
presented by
Dr. Joseph C. Marek

Intrepreting Screening ECGs
in Young Adults
[Webinar](#)

[Register Now](#)
[District 204 and Belvidere North
H.S. Screenings](#)

[More About Us](#)
[Midwest Heart Foundation](#)

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[Project Adam](#)

[Students Should Receive Training](#)

Hurry to reserve a
screening date for the
upcoming 2011-2012
school year.
Contact

Johneen or Samantha
jdavis@midwestheart.com
sschneider@midwestheart.org

Our Sponsors
for High School
Screenings Since Our
Last Newsletter

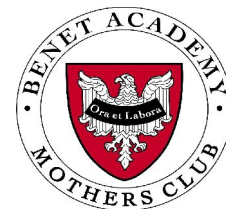


St. Charles North:

Booster Club,
PTO,
Dr. Miller,
Tim Milroy Memorial Fund

Benet Academy:

 **Advocate**
Good Samaritan Hospital



West Aurora:

WAHS Sports Boosters,
PE Students,
Athletics,
Shafer Family,
Kiwanis Club,



Johneen Davis

Program Director,

Midwest Heart Foundation

www.midwestheart.org

Lynn Family,
Community of Aurora, Chipotle,
Pockets,
Kathryn Bender
Memorial Foundation,
Family & Friends
In Memory of Ben Eiden

District 204:



Indian Prairie Foundation
Metea Valley High School
Waubonsie Valley High School
Neuqua Valley High School

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